

THE OLIVE MENU

SUMMER MENU

WEEK 1

MEAL DEAL



SPINACH
MAY



RASPBERRY
JUNE



COURGETTE
JULY

WHATS IN SEASON...

MON

TUES

WED

THURS

FRI

MAIN

Roasted Vegetable Lasagne, Garlic Bread & Side Salad (CE, G, MK)

Turkey, Leek & Mushroom Pie with Creamy Mash (CE, E, G, MK)

Hot Deli

Chicken Tikka Masala with Pilau Rice (MK, MU)

"Catch of the Day" with Chips & Tartare Sauce (E, F, G, MU)

VEGGIE

Spinach & Sweet Potato Frittata with Tomato & Red Pepper Confit (CE, E)

Roasted Quorn and Vegetable Loaf (CE, E, G, MK)

Hot Deli

Sweet Potato & Red Onion Quiche (E, G, MK)

Loaded Nachos, Texan BBQ Beans, Vegetable Chilli, Jalapenos & Sour Cream (CE, MK, MU)

COOK STATION

Fish Tacos with Baja Sauce & Lime Spiked Slaw (E, F, G, MU)

Sticky Korean Chicken Burger, Kimchi Slaw, Seasoned Wedges & Chilli Sauce (CE, E, G, MK)

Veggie Yaki Soba (G, SO, SU)

Turkish Beef Gozleme (G, SU, MK)

Chef's Choice



PUD

Peach Upside Down Cake with Vanilla Sauce (E, G, MK)

Lemon Sponge & Custard (E, G, MK)

Dutch Apple & Coconut Crumble with Custard (G, MK)

Bread & Butter Pudding (E, G, MK)

Chocolate & Orange Cake with Chocolate Sauce (E, G, MK)

COLD SELECTION: BAGUETTES • SANDWICHES • SALAD BOXES • FRESH FRUIT • YOGURT POTS

ALLERGENS KEY

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE

Go Vegan

