

THE OLIVE MENU

SUMMER MENU

WEEK 2

MEAL DEAL



SPINACH
MAY



RASPBERRY
JUNE



COURGETTE
JULY

WHATS IN SEASON...

MON

TUES

WED

THURS

FRI

MAIN

Hoi Sin Vegetable Stir-Fry with Egg Fried Rice (E, G, SE, SO)

Butcher's Choice Sausage & Mash with Onion Gravy (G, MK, SU)

Hot Deli

Spaghetti Bolognese with Garlic Bread (G, MK)

"Catch of the Day" with Chips & Tartare Sauce (E, F, G, MU)

VEGGIE

Roasted Winter Vegetable Pasta with Tomato Sauce (CE, G)

Chickpea, Aubergine & Red Pepper Katsu Curry with Steamed Rice (CE, G, MU, SO, SU)

Hot Deli

Vegetable Tagine topped with Quinoa Balls with Herb Couscous (CE, G, SO, SU)

Spinach & Ricotta Empanadas with Tomato Salsa (E, G, MK)

COOK STATION

Vegetable Hot Dog, Caramelised Onions & Seasoned Wedges (G)

Tandoori Chicken Leg, Steamed Rice & Riata (CE, MK)

Spicy Lamb Keema Pau with Carrot Slaw (G, MK, MU)

Chicken & Roasted Vegetable Shish Kebab with a Warm Wrap & Sweet Chilli Mayo (E, G)

Chef's Choice

PUD

Caramelised Pineapple & Poppy Seed Cake with Vanilla Sauce (E, G, MK)

Jam & Coconut Sponge with Custard (E, G, MK)

Apple & Cinnamon Crumble with Custard (G, MK)

Banana & Cranberry Sponge with Caramel Sauce (E, G, MK)

Chocolate Brownie with Chocolate Sauce (E, G, MK)

COLD SELECTION: BAGUETTES • SANDWICHES • SALAD BOXES • FRESH FRUIT • YOGURT POTS

ALLERGENS KEY

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE

Go Vegan



Olive dining